



# **Gladys H. Oberle School**

Program of Studies

2015-2016

Pamela K. Simms, Vice President Education Services

# ENGLISH COURSES

## **ENGLISH 9, 10, 11, 12** **(1130, 1140, 1150, 1160)**

1 Credit

English provides instruction for students who wish to attend a junior or community college or for those who plan to join the work force immediately after high school. Instruction provides opportunities for real-life applications of reading and communication and emphasizes the Virginia Standards of Learning.

## **PHOTOJOURNALISM I (1215)**

1 Credit

This course is a comprehensive, career development program that will expose students to the diverse careers that make up Journalism. It will focus on various aspects of photography, story writing, presentations and various computer applications involving how the jobs can get done. This will be accomplished with the use of a camera, journal writing, audio visuals, photo editing and presentation applications and several field trips into the community.

## **PHOTOJOURNALISM II (1216)**

1 Credit

A continuation of Photojournalism I, students will enhance skills previously learned. It will focus on various aspects of photography, story writing, presentations and various computer applications involving how the jobs can get done. This will be accomplished with the use of a camera, journal writing, audio visuals, photo editing and presentation applications and several field trips into the community.

## **CREATIVE WRITING I (1171)**

1 Credit

This course emphasizes developing an effective critique and provides a climate that enhances enjoyment of creative expression. Students will experiment with literary genres and with various techniques and forms.

## **CREATIVE WRITING II (1177)**

1 Credit

A continuation of course I, students will build upon and refine the skills and concepts developed previously and will be involved self-directed projects. Students will be encouraged to submit work for publication within and outside the school.

## **DEVELOPMENTAL READING**

**(1181, 1182, 1183, 1184)**

1 Credit

Classes are designed for students requiring differentiated instruction in reading. This program provides an academically based opportunity for students to achieve a degree of mastery in phonemic awareness, phonics, fluency, vocabulary, and comprehension. Teachers support students' reading through continued assessment, the provision of instructional-level materials and planned interventions that reflect the student's Individualized Education Program, and the developmental nature of reading.

## **ADVANCED LITERATURE (1165)**

1 Credit

This is an elective English course intended for students expressing a high interest in literature. Students will analyze themes, styles, and structures of various pieces of literature and make thematic connections among diverse authors, periods, and settings.

# HISTORY AND SOCIAL SCIENCES COURSES

## **WORLD GEOGRAPHY I (2210)**

1 Credit

Students will examine the environmental and cultural patterns of the major world regions. Students examine demographic and economic data and investigate the causes, effects, and possible solutions to current international conflicts, problems, and environmental concerns. Map skills are also emphasized.

## **WORLD HISTORY I & GEOGRAPHY I (2215)**

1 Credit

Students will explore the historical development of people, places, and patterns of life from ancient times to approximately 1500 A.D. Historical topics and geo-graphical concepts will be linked to form a framework for studying history. Students will take the Standards of Learning test during this course.

## **WORLD HISTORY & GEOGRAPHY 1500 to Present (2221)**

1 Credit

This course will examine the geographic and historic themes from the middle ages to the present. A strong emphasis will be placed on the people and events that influenced modern issues. The link between geography and world history will be emphasized. Students will take the Standards of Learning test during this course.

## **WORLD HISTORY II (2216)**

1 Credit

This course explores the historical development of people, places, and patterns of life from 1500 CE (AD) to the present. Students will take the Standards of Learning test during this course.

## **VIRGINIA AND UNITED STATES HISTORY (2360)**

1 Credit

Students will examine the political, economic, social and cultural growth of the United States, including the role of Virginia. Students will study major historical developments and their impact on modern society. Map and globe reading and comprehension skills will be emphasized. Students will take the Standards of Learning test upon completion.

## **VIRGINIA AND UNITED STATES GOVERNMENT (2440)**

1 Credit

Students will examine both the structure and the function of the American government at the national and state levels. Students will study the American economy with an emphasis on consumer issues. They also will study the local government and the student's role as a citizen.

## **GLOBAL ISSUES (2996)**

1 Credit

This course will provide an opportunity for in-depth study of current world events. Present day news stories will determine topics with constant reference to weekly magazines and daily newspapers. In addition, students will investigate geographic, economic, social, and cultural background of current world events.

## **PSYCHOLOGY (2900)**

1 Credit

This course is designed to introduce students to the systemic and scientific study of the behavior and mental processes of human beings and other animals. Students are exposed to the psychological facts, principles, and phenomena associated with major subfields such as research and methods, biopsychology, growth and development, learning and memory, and individual and group behavior.

# MATHEMATICS COURSES

## **DEVELOPMENTAL MATH I, II, III, IV** **(3199, 3200, 3201, 3202)**

1 Credit

Students examine the practical use of math in everyday life including equations, graphing, basic geometry such as calculating areas of various geometric shapes (triangles, surfaces of cylinders, etc), calculating volumes of three-dimensional shapes like cones, financial calculations like interest, installment buying, payment schedules, commissions, bank balances, household accounts, basic statistics, and much more.

## **PERSONAL LIVING AND FINANCE (3120)**

1 Credit

Students study personal financial decision making involved in daily life. Concepts learned include money management such as banking, budgeting, credit, taxes, insurance, and investments. Students learn how to transfer algebraic and geometric concepts into everyday usage such as finding averages, square footage, carpentry, proportions, etc.

## **ALGEBRA CONCEPTS I, II, III** **(3115, 3116, 3117)**

1 Credit

This course is designed to strengthen a student's background for algebra. Algebraic concepts are introduced to help prepare students for success in algebra I.

## **ALGEBRA I PART I (3131)**

1 Credit

*Not offered to students entering 9<sup>th</sup> grade in Fall 2011 and beyond.*

Algebra I Part I is designed to strengthen a student's background for algebra and to cover the first half of Algebra I. Students who successfully complete this course will take Algebra I Part II.

## **ALGEBRA I PART II (3132)**

1 Credit

*Not offered to students entering 9<sup>th</sup> grade in Fall 2011 and beyond.*

Algebra I Part II is designed to cover the second half of algebra. Students will also have a brief introduction to topics that prepare them for Geometry. This course completes the Algebra I requirement. Students will take the Standards of Learning Algebra I test.

## **ALGEBRA I (3130)**

1 Credit

Algebra I includes the use of technology in Algebra, Linear Equations and Functions, using Algebra to analyze data and problem solving using Algebra. Students will take the Standards of Learning Algebra I test.

# MATHEMATICS COURSES

## **GEOMETRY Part I (3144)**

1 Credit

*Not offered to students entering 9<sup>th</sup> grade in Fall 2011 and beyond.*

This course will explore the same concepts as Geometry; however, the instruction will be given over a two-year (or two-semester) period. This course is designed to meet the needs of the non-college bound student who needs to understand basic geometry. Upon successful completion of Part 1, students would be expected to enroll in Part 2 the following year (or semester). Students must successfully complete both parts in order to meet the state requirements for Geometry.

## **GEOMETRY Part II (3145)**

1 Credit

*Not offered to students entering 9<sup>th</sup> grade in Fall 2011 and beyond.*

This course completes the Geometry requirement. Plane, solid and coordinate Geometry are studied. Students must successfully complete both parts in order to meet the state requirements for Geometry.

## **GEOMETRY (3143)**

1 Credit

Geometry develops skills of spatial visualization and emphasizes the need for clarity and precision of language and mathematics. Through discovery, the study of logic and completion of proofs, students perceive the role of reasoning in both mathematical and non-mathematical situations. The elements of coordinate geometry are treated along with plane geometry. Plane and solid figures are given a thorough treatment including relationships between figures, area, volume, and construction.

## **ALGEBRA, FUNCTIONS, & DATA ANALYSIS (3134)**

1 Credit

*Can be applied toward a standard diploma. Course is taken before Algebra II.*

Students study functions and their behaviors, systems of inequalities, probability, experimental design and implementation, and analysis of data. Data will be generated by practical applications arising from science, business, and finance. Students will solve problems that require the formulation of linear, quadratic, or exponential equations or a system of equations.

## **ALGEBRA II (3135)**

1 Credit

Algebra II expands and clarifies the concepts introduced in Algebra I. New topics include sequence and series, polynomial functions, introduction to logarithms, exponential functions, quadratic systems and conic sections. Emphasis is on algebraic processes and their use in problem solving. This course will enhance students understanding of the function concept. Students who complete this course will take the Standards of Learning Algebra II test

## **Economics & Personal Finance (6120)**

1 Credit

Students are introduced to the basic theory of scarcity, different economic structures used by world societies, the roles of individuals and government in the operation of markets and the interconnection of the global economy. Students will also learn how to navigate the financial decisions they must face and to informed decision related to career exploration, budgeting, banking, credit insurance, spending taxes, saving, investing, buying/leasing a vehicle, living independently and inheritance.

# SCIENCE COURSES

## **EARTH SCIENCE (4210)**

1 Credit

In this course, the student studies five major areas: physical geology, historical geology, meteorology, astronomy, and oceanography. Laboratory experiments are part of this class.

## **EARTH SCIENCE II: GEOLOGY (4240)**

1 Credit

This in-depth course deals with the physical and historical aspects of the Earth. Emphasis will be placed on those geological processes and features that the student has encountered or may encounter during his lifetime. Extensive laboratory experiences and occasional field excursions are provided to enhance the students understanding and application of the course material.

## **EARTH SCIENCE II: OCEANOGRAPHY (4250)**

1 Credit

In this course the theories of Earth's structure and plate tectonics will be presented as a base on which to build the explanation of the physical features of the ocean floor. Students will study the physical properties of sea water, marine chemistry, marine organisms, salinity and density, circulation within the oceans, waves, currents, tides, and oceanographic instruments and research. Emphasis will be placed on the major skills of practicing oceanographers and scientists.

## **ENVIRONMENTAL SCIENCE (4340)**

1 Credit

In this course the concepts of communities and ecosystems along with the cycles and interrelationships of living and non-living components of our environment are presented. Particular focus is on man's influence on these systems and environmental stewardship.

## **BIOLOGY (4310)**

1 Credit

This course provides a program in biology which is both laboratory and lecture-oriented. Included are the studies of cell structure and function, genetics, and the diversity of life. There is a strong emphasis on lab work.

## **BIOLOGY II: ANATOMY AND PHYSIOLOGY (4330)**

1 Credit

This is an advanced course which covers anatomy, physiology, and the pathology of humans.

## **BIOLOGY II: ECOLOGY (4340)**

1 Credit

This course is designed to help the student understand environmental principles, the consequences of human activities, and the impact of these activities on Earth. All students who will make future environmental decisions through their vote and through their actions as citizens could benefit from this class.

## **INTEGRATED SCIENCE (4610)**

1 Credit

This course integrates basic concepts in all areas of science and relates these concepts to the real world environment. While sharing topics found in physical, biological, and earth sciences, the emphasis is on making environmental connections and providing students with practical knowledge useful in understanding science of everyday life.

## **CHEMISTRY (4410)**

1 Credit

This course provides a program in biology which is both laboratory and lecture-oriented. Included are the studies of cell structure and function, genetics, and the diversity of life. There is a strong emphasis on lab work.

# HEALTH AND PHYSICAL EDUCATION COURSES

## **HEALTH AND PHYSICAL EDUCATION 9 (7300)**

1 Credit

Physical Education instruction emphasizes the participation of lifetime fitness activities and how it relates to personal wellness. During the health portion of this course, students will study alcohol, tobacco and drugs, diseases of the body, mental and emotional health, safety and injury prevention and violence prevention.

## **HEALTH AND PHYSICAL EDUCATION 10 (7400)**

1 Credit

Physical Education instruction emphasizes the participation of lifetime fitness activities and how it relates to personal wellness. Classroom Driver's Education is offered as part of the health requirement.

## **DRIVER'S EDUCATION CLASSROOM INSTRUCTION (7015)**

.5 Credit

Classroom driver's education is a prescribed course which students complete online with the support of school staff. Once completed, students receive their green card which allows them to privately take the Behind-the-Wheel class.

## **ELECTIVE PHYSICAL EDUCATION I (7510)**

1 Credit

This elective is offered to students seeking to continue participating in another PE class. The class will provide physical fitness training to improve one's health and wellness. The daily routine will provide participation in a wide variety of individual and team sport activities and is supplemented with cardiovascular and fitness activities.

## **ELECTIVE PHYSICAL EDUCATION II (7610)**

1 Credit

This elective is offered to students seeking to continue participating in another PE class. The class will provide physical fitness training to improve one's health and wellness. The daily routine will provide participation in a wide variety of individual and team sport activities and is supplemented with cardiovascular and fitness activities.

## **ADAPTIVE HEALTH AND PHYSICAL EDUCATION (7700)**

1 Credit

*This course can be repeated for credit.*

Physical Education instruction emphasizes the participation of lifetime fitness activities and how it relates to personal wellness.

## **STRENGTH AND BODY I (7640)**

1 Credit

This elective is offered to students seeking daily participation in fitness activities. Students will gain knowledge of muscle groups and the exercises that compliment them and how the human body benefits from cardiovascular activity.

## **STRENGTH AND BODY II (7650)**

1 Credit

This elective is offered to students seeking daily participation in fitness activities. Students will gain knowledge of muscle groups and the exercises that compliment them and how the human body benefits from cardiovascular activity. Students will have the opportunity to design and implement individual routines to fit their specific needs.

# FOREIGN LANGUAGE COURSES

## **FRENCH I (5110)**

1 Credit

In the beginning course, students gain an understanding of the components of a foreign language and of the study skills necessary to learn a foreign language. As students begin to develop skills in listening, speaking, reading, and writing, they engage in active practice in real-life situations and in a variety of cultural contexts.

## **FRENCH II (5120)**

1 Credit

In the second year, students continue to develop skills in listening, speaking, reading, and writing and to engage in active practice in real-life situations. Cultural study of the areas of the world where the language is spoken is expanded.

## **FRENCH III (5130)**

1 Credit

In the third year, students complete their study of basic grammar of the language and continue to learn to communicate in real-life situations with increasing precision and accuracy. Students explore the use of the language in a wide range of cultural contexts.

## **GERMAN I (5210)**

1 Credit

In the beginning course, students gain an understanding of the components of a foreign language and of the study skills necessary to learn a foreign language. As students begin to develop skills in listening, speaking, reading, and writing, they engage in active practice in real-life situations and in a variety of cultural contexts.

## **GERMAN II (5220)**

1 Credit

In the second year, students continue to develop skills in listening, speaking, reading, and writing and to engage in active practice in real-life situations. Cultural study of the areas of the world where the language is spoken is expanded.

## **GERMAN III (5230)**

1 Credit

In the third year, students complete their study of basic grammar of the language and continue to learn to communicate in real-life situations with increasing precision and accuracy. Students explore the use of the language in a wide range of cultural contexts.

## **SPANISH I (5510)**

1 Credit

In the beginning course, students gain an understanding of the components of a foreign language and of the study skills necessary to learn a foreign language. As students begin to develop skills in listening, speaking, reading, and writing, they engage in active practice in real-life situations and in a variety of cultural contexts.

## **SPANISH II (5520)**

1 Credit

In the second year, students continue to develop skills in listening, speaking, reading, and writing and to engage in active practice in real-life situations. Cultural study of the areas of the world where the language is spoken is expanded.

## **SPANISH III (5530)**

1 Credit

In the third year, students complete their study of basic grammar of the language and continue to learn to communicate in real-life situations with increasing precision and accuracy. Students explore the use of the language in a wide range of cultural contexts.



# ART COURSES

## **ART I (Art Foundations) (9120)**

1 Credit

This is the first of a two-part series of Art Appreciation exploring art from 15,000 BC to the present. Students will study the concepts and principles of art including line, form, shape, texture, color and space. The students will work in various media such as charcoal, pencil, pen & ink, crayons, markers, water colors and acrylics. Field trips to area museums and art galleries as well as research will supplement instruction.

## **ART II (Intermediate) (9130)**

1 Credit

This is the second of a 2-part series of Art Appreciation. Students will work with 3-dimensional projects, computer art, and literary art. The students will work in various media such as charcoal, pencil, pen & ink, crayons, markers, water colors and acrylics. Field trips to area museums and art galleries as well as research will supplement instruction.

## **ART III (Advanced Intermediate) (9140)**

1 Credit

The students will work in various media such as charcoal, pencil, pen & ink, crayons, markers, water colors and acrylics. Students will develop skills in a variety of 2-dimensional media. The course will refine established skills through the use of a variety of 2-dimensional media and place high emphasis on composition through organization of elements of art and use of principles of design. Fieldtrips to area museums and art galleries as well as research will supplement instruction.

## **ART IV (Advanced) (9150)**

1 Credit

This course is designed to increase and develop skills in selected subject areas for the visually mature and advanced art student. The student will develop personal styles in approach and media and is encouraged to experiment creatively with materials and techniques. Fieldtrips to area museums and art galleries as well as research will supplement instruction.

## **ART EXPLORATORY I (9197)**

1 Credit

This course is designed for students who enjoy art. They will have the opportunity to investigate the various aspects of art which include concepts, color, and space. Students use various mediums for their projects.

## **ART EXPLORATORY II (9198)**

1 Credit

This is the second level of a basic art course designed for students who enjoy art. They will have the opportunity to investigate the various aspects of art which include concepts, color, and space. Students use various mediums for their projects to include 2-D design.

## **ART EXPLORATORY III (9199)**

1 Credit

This is the third level of a basic art course designed for students who enjoy art. They will have the opportunity to investigate the various aspects of art which include concepts, color, and space. Students use various mediums for their projects to include 3-D design.

## ELECTIVE COURSES

### **KEYBOARDING APPLICATIONS (6152)**

1 Credit

Students develop or refine touch keyboarding for the input of information. These skills are applied using computer software to produce a variety of personal and professional documents including resumes, letters, and reports.

### **COMPUTER APPLICATIONS I (6611)**

1 Credit

Computer/technology skills are essential components of every student's education. This is the first of a two-part series of computer training. Students will explore the business/personal life applications of word processing, spreadsheets, and presentations with MS PowerPoint and database applications. Photo editing will also be introduced utilizing Corel Draw and Corel Paint.

### **COMPUTER APPLICATIONS II (6616)**

1 Credit

Students will explore various photo editing and publishing software programs that incorporate photos, music, sound and voice using MS Publisher, Windows Movie Maker, Photo Story, Coral R.A.V.E., Dreamweaver and Audacity. Students will create clay animations and design personal webpages.

### **INDIVIDUAL DEVELOPMENT (8210)**

1 Credit

Students focus on encouraging personal potential of self and others throughout the life span, enhancing positive views of self and others, managing stressful situations, and formulating a plan to achieve career goals.

### **INDEPENDENT LIVING (8219)**

1 Credit

*This course can be repeated for credit.*

This course will cover the topics of shopping and financial management, health and safety, self-determination, and accessing and using public transportation, social, and recreational facilities.

### **SOCIAL SKILLS (9421)**

1 Credit

*This course can be repeated for credit.*

Students focus on appropriate interactions with peers and adults. Topics covered will include making and keeping friends, interacting with the opposite sex, handling group pressure, expressing anger, responding to requests, and using self-control.

### **FUNCTIONAL ACADEMICS (7843)**

1 Credit

Students focus on academic skills needed in order to function within the community. Reading, math and writing skills are taught within units which cover personal information, personal safety, communication, time, money management, food, and community. Individual IEP goals and objects are included in the instruction.

### **LIFE PLANNING (8227)**

1 Credit

This is a comprehensive, career development program for students making the transition to life after high school. Students develop a life-management plan with emphasis on building and maintaining healthy relationships and functional families; developing strategies for lifelong career planning; and establishing a plan for using resources. Textbooks, audio visuals, resources from the Internet, and several field trips into the community will supplement class instruction.

### **WORK & FAMILY MANAGEMENT (8282)**

1 Credit

This course combines the study of career development and family management. Students will study building healthy relationships, dealing effectively with family stressors and conflicts, and managing work, family roles and responsibilities.

# ELECTIVE COURSES

## **EDUCATION FOR EMPLOYMENT INTRODUCTION (9083)**

1 or 2 Credits

*This course can be repeated for credit.*

Students explore independent living by identifying individual assets, interests, aptitudes and potential/realistic occupational skills. Classroom instruction includes life skills instruction, career exploration and work-readiness training.

## **EDUCATION FOR EMPLOYMENT LEVEL I (9085)**

1 or 2 Credits

*This course can be repeated for credit.*

Students investigate various occupational fields, examine occupational requirements, and select a career pathway. They begin to focus on improving and gaining skills required for specific occupations. Students are placed on a training site in the community to learn “real-life” employment skills.

## **EDUCATION FOR EMPLOYMENT LEVEL II (9087)**

1 or 2 Credits

*This course can be repeated for credit.*

Students will begin to make the transition from school to work by gaining technical skills, conducting a job search and maintain successful employment by demonstrating positive work traits and attitudes. Students may also begin to seek competitive employment.

## **LEARN & SERVE (9828)**

1 Credit

*This course can be repeated for credit.*

Students will develop an appreciation of the concept of service to the community and develop skills necessary to evaluate the impact of service to others. Students must perform volunteer services as part of the curriculum.

## **INTRODUCTION TO HEALTH ASSISTING CAREERS (8330)**

1 Credit

Students explore opportunities in the health care field by developing basic skills common to several assisting careers. They study basic terminology and explore the variety of career options available in the health care industry. Various fieldtrip opportunities will be available to see the careers in action. This course can be taken prior to the Health Assisting Careers course but is not a prerequisite.

## **HEALTH ASSISTING CAREERS I (8331)**

1 Credit

Students learn and practice basic skills common to many medical and allied health occupations. Instruction covers body systems and disorders, first aid, safety, basic health needs, and other topics. Students may participate in a supervised work experience in hospitals, nursing homes, or public health agencies.

## **Yearbook Production I, II, III, IV (12220, 1221, 1222, 1223)**

1 Credit

Students learn the publication process while assisting in the production of the school yearbook. Computer-assisted layout, photography and writing are integral parts of the program. Students are responsible for the development of the yearbook from planning to distribution of the completed publication.

**SOL Preparation Algebra I (3133), Algebra II (3137), Biology (4312), Chemistry (4412), Earth Science (4212), English (1515), EOC Reading (1152), EOC Writing (1154), Geography (2212), Geometry (3142), Math (3199), World History (2214), US/VA History (2361)**

.5-1 Credit

Students who have not passed the 8<sup>th</sup> grade SOL Assessment, who have experienced academic difficulties, or who have not passed specific End-of-Course Tests may be assigned to a course in the area(s) of their weakness(es). This course provides students the opportunity to strengthen academic skills prior to taking End-of-Course Tests.

**Independent Living (7896)**

1 Credit

*This course can be repeated for credit.*

This comprehensive course is designed to help students meet the challenges of their daily lives with confidence. Students will learn basic information and practical skills related to such topics as interpersonal and family relationships, career preparation, financial management, life management, healthy living, foods and nutrition, clothing and housing.

**Pre-Vocational Skills (7898)**

1 Credit

*This course can be repeated for credit.*

This is an introductory course in vocational skills opportunities and how they relate to career options. Students will have the opportunity to learn skills necessary to be successful on the job. A variety of surveys and inventories are offered to help students better understand their potential career options. Students will use the community to gain hands-on opportunities in investigating a variety of careers.

## VOCATIONAL COURSES

### **SMALL ENGINE REPAIR I (8082)**

1 Credit

This course carefully details the many systems, tools, and parts involved in the successful repair and also cover preventative maintenance. Students also learn more about career opportunities available. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **SMALL ENGINE REPAIR II (9826)**

1 Credit

This course follows Small Engine I. Topics covered will include fuel and emission control systems, carburetion, ignition systems and lubrication systems. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **BIKE REPAIR (9830)**

1 Credit

*This course can be repeated for credit.*

This course is designed to teach students the basis of maintaining bicycles from simple bearing system overhauls to tune-ups. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **AGRICULTURE SCIENCE & HAND TOOLS (8004)**

1 or 2 Credits

*This course can be repeated for credit.*

Students explore science as it relates to agriculture and develop an understanding of human relations, communication, the importance of agriculture to the economy, and key scientific terms related to the field of agriculture.

### **CONSUMER SCIENCE (9840)**

1 or 2 Credits

*This course can be repeated for credit.*

This course is designed to have students focus on goal achievement, responsibility, and accountability. Students apply problem-solving and leadership skills throughout this course.

### **INTRODUCTION TO CULINARY ARTS (8250)**

1 Credit

This course is intended to prepare students for eventual enrollment in the culinary arts program. Students will receive an introductory experience in the kitchen which will include hands-on learning experiences. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **CULINARY ARTS I (8275)**

1 Credit

The fundamentals of food preparation techniques, equipment identification, meal presentation and menu planning are taught. Students will spend a major portion of their class time in the kitchen. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **CULINARY ARTS II (8276)**

1 Credit

Students will receive instruction in the preparation of special dishes and salads, methods of broiling, steaming, and menu planning. Students will spend a major portion of their class time in the kitchen preparing lunch for students and staff. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

## VOCATIONAL COURSES

### **CULINARY ARTS III (8279)**

1 Credit

Students will be exposed to advanced cooking techniques. In addition of completion of the OSHA program they will also have the opportunity to participate in the National Restaurant Association ServSafe program of students for national certification. Students spend the majority of their time preparing meals for the school.

### **COOKING I (8251)**

1 Credit

This is a fundamental course which exposes students to the kitchen. Basic cooking techniques will be taught to include cutting, measuring and the safe use of appliances. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **COOKING II (8252)**

1 Credit

This is a fundamental course which expands on the material learning in Cooking I. Basic cooking techniques will be taught to include cutting, measuring and the safe use of appliances. Baking and use of additional tools will be taught.

Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **COOKING III (8253)**

1 Credit

This course is intended for students interested in expanding their cooking experiences before enrolling in the culinary arts program. Students will spend much of their time in the kitchen using additional materials, foods, and tools. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **INTRODUCTION TO HEALTH & MEDICAL SCIENCES (8302)**

1 Credit

This course introduces students to a variety of health care careers and develops basic skills required in all health and medical sciences. It is designed to help students understand the key elements of the health care system and to learn basic health care terminology. Instruction emphasizes safety, cleanliness, professionalism, accountability and efficiency within the health care environment.

**An adapted curriculum is available for students who are working towards a special diploma. The curriculum focus for these students is addressed through their IEP goals and objectives. Assessment is provided through the Virginia Alternative Assessment Program (VAAP) in grades 6, 7, 8, and 11 in the core subject areas of reading, math, science, and history.**

# **MIDDLE SCHOOL PROGRAM**

## **Reading/Language Arts Grades 6, 7, 8**

This course will provide the opportunity for students to seek clarification and meaning support when unfamiliar words are encountered while reading by using word reference materials. The student will determine the theme or central idea of fictional and non-fictional material and identify details that relate to it.

Students will complete the 8<sup>th</sup> grade reading and 8<sup>th</sup> grade writing SOL.

## **Mathematics Grades 6, 7, 8**

Middle school math courses cover the topics of measurement, geometry, probability and statistics, and patterns, functions, and algebra.

Student will complete an SOL test in 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grades.

## **Science (Grade 6)**

This course covers the study of the life, physical, and earth sciences. Students learn about the natural and technological world, improve their inquiry skills, and ability to solve problems.

## **Life Science (Grade 7)**

This course covers the study of living things which includes the scientific method, characteristics of life, cells, and classification of living things, viruses, bacteria, animals, plants, and genetics.

## **Physical Science (Grade 8)**

This course will cover the study of the phases of matter, force and motion, work, simple machines, conservation and transformation of energy, heat waves, sound, light, electricity, and magnetism. The student will develop inquiry and problem solving skills within the context of scientific investigation.

Students will complete an SOL test at the completion of this course.

## **US History: 1865 to Present**

This course focuses on the beginnings of the US through the Civil War. In-depth study of the political, economic, social, and cultural development of the nation is covered.

## **Civics and Economics**

This course examines the basis for the study of governments at the national, state, and local levels. The role and responsibilities of informed citizens in the democratic decision-making processes are emphasized.

## **History**

This course covers the foundations of American government and economics. Students will learn about the people, places, and historical events throughout the world along with the geographical concepts linked to the study of history.

## **Health and PE 6, 7, 8**

This course focuses on the development of basic skills for use in individual and team sports and well as the improvement of physical fitness. Health topics covered include nutrition, emotional health, health risk behaviors (drug, alcohol, and personal choices), personal safety, relationships, and hygiene. The Family Life Education program focuses on the topics of physiological changes in adolescence, transmission of HIV and prevention of AIDS as well as healthy relationships.

## Electives

### **World Language**

This course involves the study of the cultures of native French, German, Spanish, and Italian speaking people. Students will compare and contrast holiday traditions with other cultures. A highlight of each culture will be in the celebration of each culture's holidays with activities and food.

### **Art Exploratory 6, 7, 8**

This course is designed for the middle school student to investigate the various aspects of art which include concepts, color, and space. Students use various mediums for their projects.

### **Bike Repair I, II, III**

This course is designed to teach students the basis of maintaining bicycles from simple bearing system overhauls to tune-ups. Students must complete the Occupational Safety and Health Administration (OSHA) CareerSafe.

### **Cooking 6, 7 8**

This course is designed to teach students the fundamentals of cooking. Students will learn to read and follow recipes, measure, basic culinary techniques, and how to choose the right tool for the job.

### **Helping Hands**

This course is designed to help students develop an appreciation of the concept of service to the community and helping others.

### **Computer Concepts I, II, III**

This course is designed to help students develop and understanding of the usefulness of computers. Students will practice keyboarding skills and will apply learned knowledge to effectively use computer software to include some programs within Microsoft Office.

### **Developmental Reading**

This course is designed for students requiring differentiated instruction in reading. This program provides an academically based opportunity for students to achieve a degree of mastery in phonemic awareness, phonics, fluency, vocabulary, and comprehension. Teachers support students' reading through continued assessment, the provision of instructional-level materials and planned interventions that reflect the student's Individualized Education Program, and the developmental nature of reading.

### **Career Investigation**

This course is designed introduce students to potential career options and will include exploring and identifying individual assets, interests and aptitudes which could potentially lead to occupational skills.