



# The Oberle Update

## November Birthstones by Hannah B.

Okay Citrine and Topaz it is your time to shine! The legend of Citrine is said to be a gift from the sun and it's to be believed that it is a healing gemstone. Topaz symbolizes love and affection. It is believed to give the wearer increased strength and intellect.

## Presidential Election by Sean E.

With more than two centuries' worth of presidential elections, the historical ledger is filled with an array of facts. Like, Barack Obama is actually the 43rd president, because of the king-like structure Grover Cleveland before he died. Learn about the only bachelor to be elected president and the four candidates to have won the popular vote and lost the election. And in this election, many people hope that if Hillary Clinton gets elected, the democrats hope to decide how to work things for next election. As for Donald Trump, he will be believed to help support the war in Iraq, and stop Isis from taking over. Between the democrats and the republicans, it's a pretty wacky decision to make. Isis will be stopped if you vote for Trump. Economic problems will be solved if you vote for Clinton, you name it. But unlike now, the past has been a little easier to get through.

## Veterans Day by Hannah B.

What is Veterans Day and why is this day important? What is a Veteran? The purpose of Veterans Day is to thank all the military personnel who have honored, sacrificed, and fought for our country. A veteran is a person who has served in the military or armed forces. *Veterans Day* is an official United States public holiday, observed annually on *November 11*.

*"To us in America, the reflections of Armistice Day will be filled with lots of pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations."* ~Woodrow Wilson

## National Recycling Day by Danni D.

November 15<sup>th</sup> is National Recycling Day; millions of people participate by recycling as much as possible to keep the world clean for the next generation. Some families and individuals use products with less packaging, which makes a very big difference. National Recycling Day was started in 1997 by the National Recycling Coalition. There are thousands of events in the United States to raise awareness on how important it is to recycle. You can find out more about this holiday at <https://americarecyclesday.org>. Keep America Beautiful was established in 2009, which is focused on recycling and trying to keep pollution down. Gladys H. Oberle recycles paper, soda cans, newspapers, and plastics. By the end of November, every classroom and office will have a recycling bin. The teachers and students will be all hands-in with this project.

## Thanksgiving by Mackenzie G.

Thanksgiving, the beautiful holiday where we can eat lots of food! But, that was never the real purpose of Thanksgiving. In 1621, the Plymouth Colonists and Wampanoag Indians shared a Thanksgiving feast to celebrate the honor of the colonists' first successful harvest, and new friendships with the Indians. The feast lasted three days! The first day was food, the second day was hunting, and the third day was entertainment. The Wampanoag Indians killed five deer as gifts to the pilgrims so they would have deer meat on the menu, but what they did not have on the menu was turkey, pumpkin pie, or cranberry sauce. Thanksgiving didn't become a tradition until 200 years later! Thanksgiving is also a holiday to show gratitude. What are you thankful for?

## Counseling Column

### November 12: Pathways to the Future

FREE Transition Conference and Resource Fair for youth with disabilities, their parents/guardians, and professionals.

Register by Nov. 11 at:

<https://www.eventbrite.com/e/pathways-to-the-future-2016-participant-registration-tickets-27545519390>

### November 14-18: Bully Prevention Week

Oberle will present educational activities and assemblies regarding forms of bullying and the tools needed to extinguish bullying. The Fredericksburg City Police Department is partnering with the school to support this cause.

Do you understand the Medicaid eligibility requirements? Are the forms confusing? Help is available! A representative from the Department of Social Services will be at the disAbility Resource Center the **2nd Monday of the month from 2-4 pm**. Call the dRC at 540-373-2559 or email [cdepollo@cildrc.org](mailto:cdepollo@cildrc.org) to schedule your appointment.

### Holiday Supports offered by Bragg Hill Family Life Center

400 Bragg Hill Drive

Fredericksburg, VA 22401

(540) 371-3662 main number

(540) 371-3367 fax

Pre-Thanksgiving Dinner: This is a free community meal offered to the public the second Tuesday in November. Guests are invited to eat with other community members and share in the joy of Thanksgiving.

Pre-Christmas Dinner: This is a free community meal offered to the public the second Tuesday in December. Guests are invited to eat with other community members and share in the joy of Christmas.

Santa Day: This day is usually held during the third week in December. At this event parents take their children to each of the stations so that way the child can choose an item. Stocking Stuffers, hats and gloves, dental supplies, books and candy are given to every child. Children also get to visit with Santa and get a special gift from Santa's Workshop.

# Word of the Month: FOREGIVENESS

## November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Pot Pie Amish Roll	2 Tomato Soup Grilled Cheese Crackers	3 Hot Dogs Squash Pretzels	4 Pizza Salad Sprinkle Cookie
7 Chili Cornbread Salad	8 Chicken Filet Waffle Fries	9 Tilapia Boiled Potatoes Maple Carrots	10 Cheese Quesadillas Lettuce Tomato	11 Pizza Salad Chocolate Cherry Cake
14 Cheeseburger French Fries Lettuce Tomato	15 Peachy Chicken Rice Broccoli	16 Veggie Noodle Bowl Egg Rolls	17 Ham Panini Navy Bean Soup	18 Pizza Salad Asteroids
21 Spaghetti w/Meat Sauce Ratatouille	22 Artichoke Squares Turkey Potato Casserole	23 BLT Sandwich Oven Fries	24 CLOSED	25 CLOSED
28 Shepherd's Pie	29 Chicken Parmesan Ziti Italian Bread	30 Ham Sub Crinkle Fries		

## Important Dates:

November 2: Clubs/Interim Reports  
 November 8: Early Dismissal/Teacher Inservice  
 November 10: Reward Day- TBD  
 November 11: Veteran's Day  
 November 12: Inclement Weather Make Up Day  
 November 14-November 18: Bully Prevention Week  
 November 15: Salvation Army Kettle Ringing  
 November 16: Clubs  
 November 19: Inclement Weather Make Up Day  
 November 23: Early Dismissal/Reward Day-TBD  
 November 24: No School –Thanksgiving Break  
 November 25: No School –Thanksgiving Break  
 December 1: Report Cards  
 December 3: Inclement Weather Make Up Day  
 December 7: Clubs  
 December 10: Inclement Weather Make Up Day  
 December 13: Salvation Army Kettle Ringing  
 December 14: Reward Day-TBD  
 December 19-30: No School – Winter Break

## Reminders to Students:

1. Students who arrive late to school are required to see Mrs. Sharp for a tardy pass to class.
2. Show your Bulldog **PRIDE** to earn all of your points. Be prepared to learn, respectful of yourself and others, work towards independence, follow directions, and put forth your best effort.
3. Cell phone privileges may be revoked for continued abuse and misuse. Don't let this be you!

## Reminders to Parents:

1. Medication of any kind cannot be administered without doctor's orders. Please contact Mrs. Sharp to obtain necessary paperwork.
2. If a student is not riding their normal transportation home a note should be sent in with the student or call made to the school by 12 noon.
3. If your child is absent from school please notify Mrs. Sharp at X 127 or send in a note with your child upon their return.
4. Open door policy—feel free to call or stop by anytime!

## \*\*\*Bulldog Barks\*\*\*

\*\*\*Happy Birthday!!!\*\*\*

\*\*\*Joey S.- November 10\*\*\*

\*\*\*Congratulations to the following students for\*\*\*  
 earning reward day to Belvedere Plantation on Oct. 27:

Ashley, Brian, Joey, Savannah, James, Cameron C.,  
 Josh C., Isaiah, Makayla, Cameron D., Sean, Libby,  
 Mackenzie, Ethan, Jakim, Michael, Kyana, Noah,  
 Jeremy S., Sarah, and Lee L.

\*\*\*Thank you to the Stafford Rotary Club for\*\*\*  
 donating pumpkins for our Halloween celebration!

\*\*\*The Interact Club will participate in Festival of\*\*\*  
 Trees again this year to support the Hope House.  
 Additionally, Interact will run two food drives during  
 the holiday season to give back to the community and  
 help those in need.



Visit us online: [www.eri-va.com](http://www.eri-va.com)

**HOME OF THE BULLDOGS**